

## **ASSISTANT STRENGTH & CONDITIONING COACH JOB POSTING FOR ELDER HIGH SCHOOL**

Elder High School is seeking a part-time Assistant Strength and Conditioning Coach. The Coach will work in collaboration with the Head Strength and Conditioning Coordinator in the creation, implementation, and facilitation of strength and conditioning programs for all Freshmen, Junior Varsity, and Varsity Athletic Programs at Elder High School. The Assistant Strength Coach will help to educate and ensure the execution of an orthopedic sound program for student-athletes wherein the athlete performs all exercises within the program safely and productively to attain the highest levels of athletic performance, prevent injuries from occurring while training, and reduce injuries in athletic events.

**Summer Hours:** Monday, Wednesday, and Friday 9:00 am – 3:00 pm.

**Fall and Winter Hours:** Monday through Friday 1:00 pm – 5:00 pm

**Spring Hours:** Monday, Wednesday, and Friday 1:30 pm – 7:00 pm  
Tuesday and Thursday 2:30 pm – 5:00 pm

Applicants should send an application and/or resume to [summerssm@elderhs.net](mailto:summerssm@elderhs.net).